

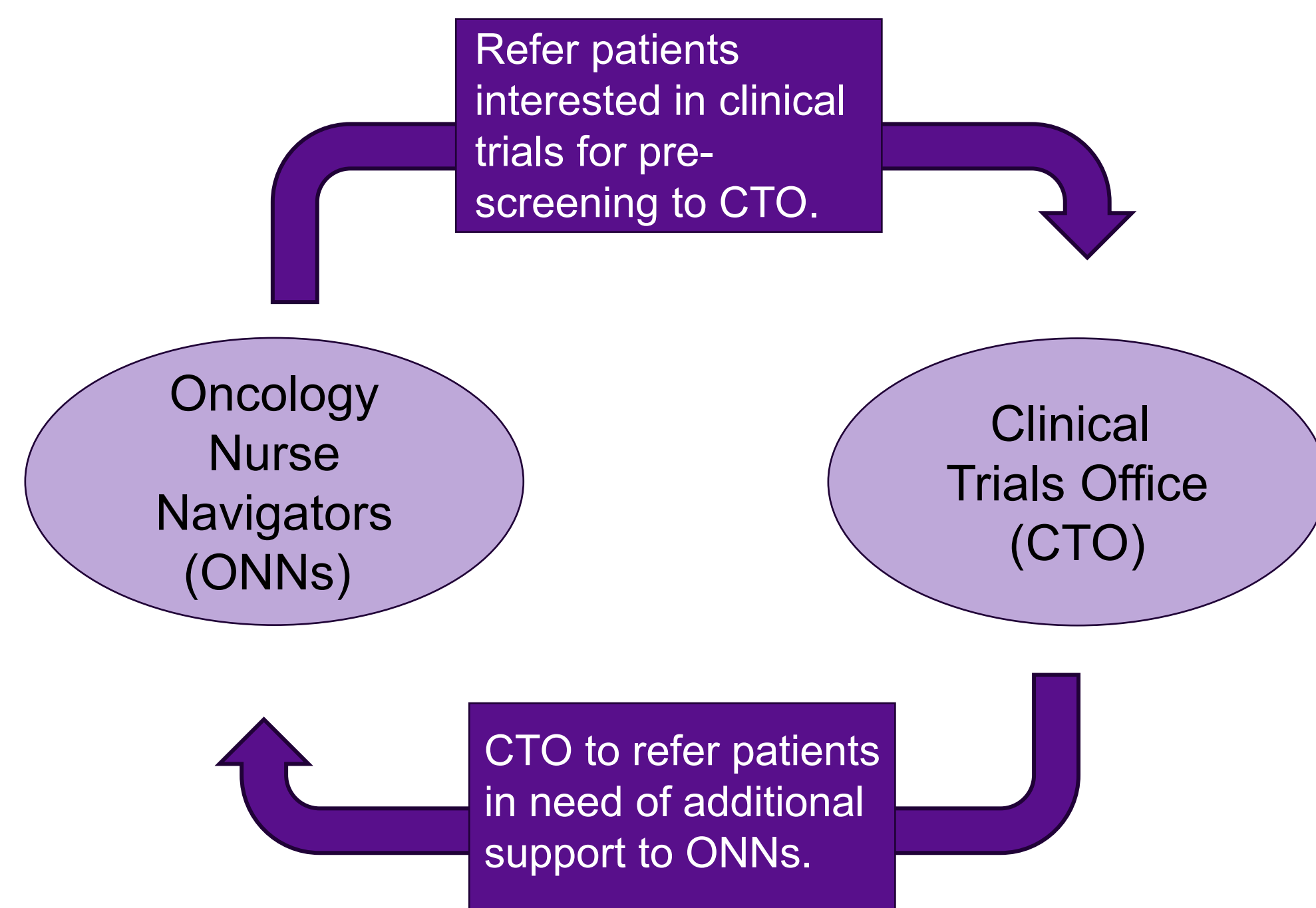
# Nurse Navigators: Navigating the Path Towards Better Patient Compliance in Clinical Trials

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## Background:

Cancer center leadership initiated a relationship with the Clinical Trials Office (CTO) and Oncology Nurse Navigators (ONNs) in August 2025 to better integrate these existing resources with clinical research. There are five ONNs in Manhattan supporting our 10 Disease Management Groups (DMGs). The CTO's goals for this collaboration were to expand access to clinical trials and to secure additional support for patients facing significant socioeconomic barriers, aiming to improve trial accrual, compliance, and retention. Prior to this collaboration, CTO clinical staff were primarily responsible for much of this patient navigation.

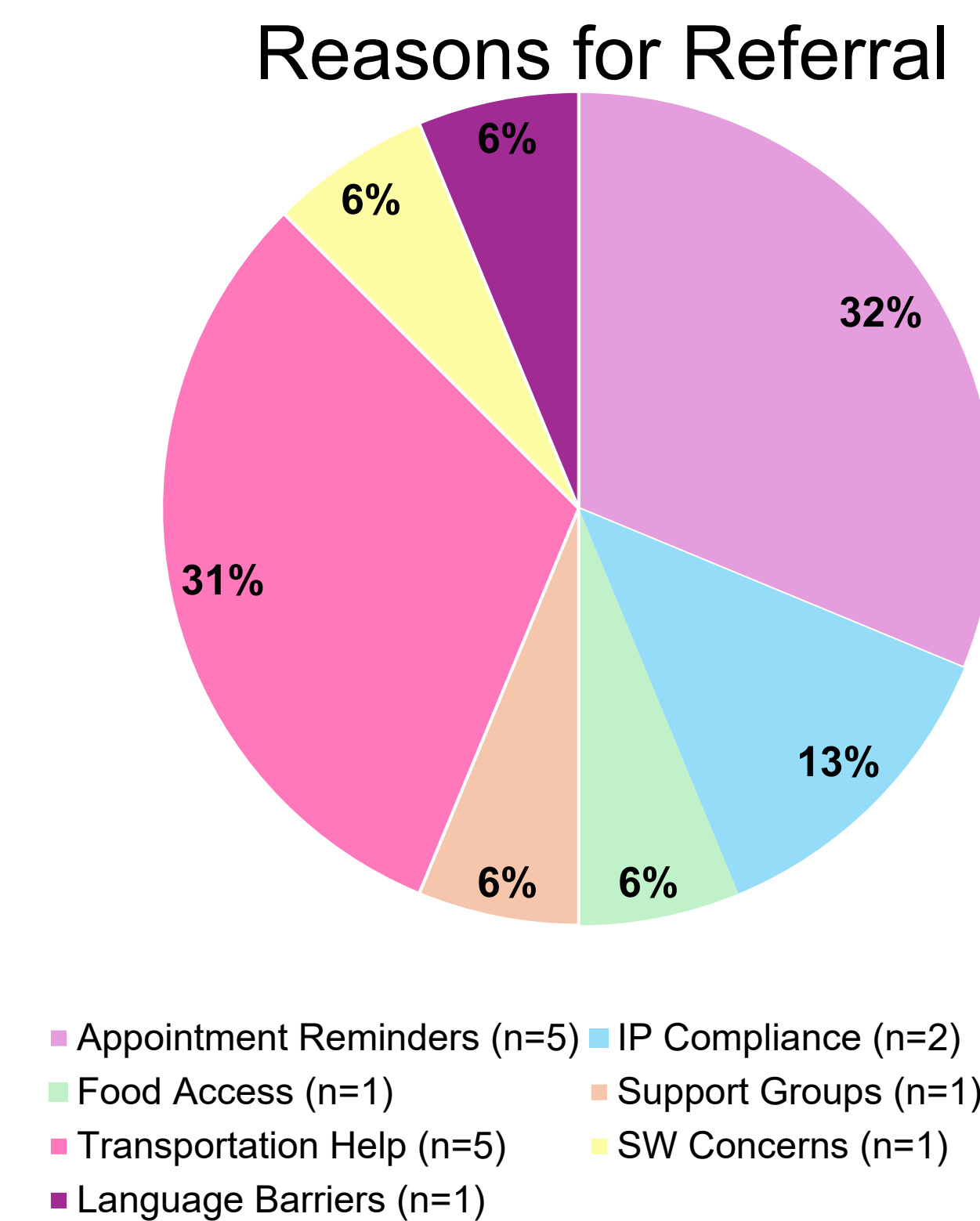
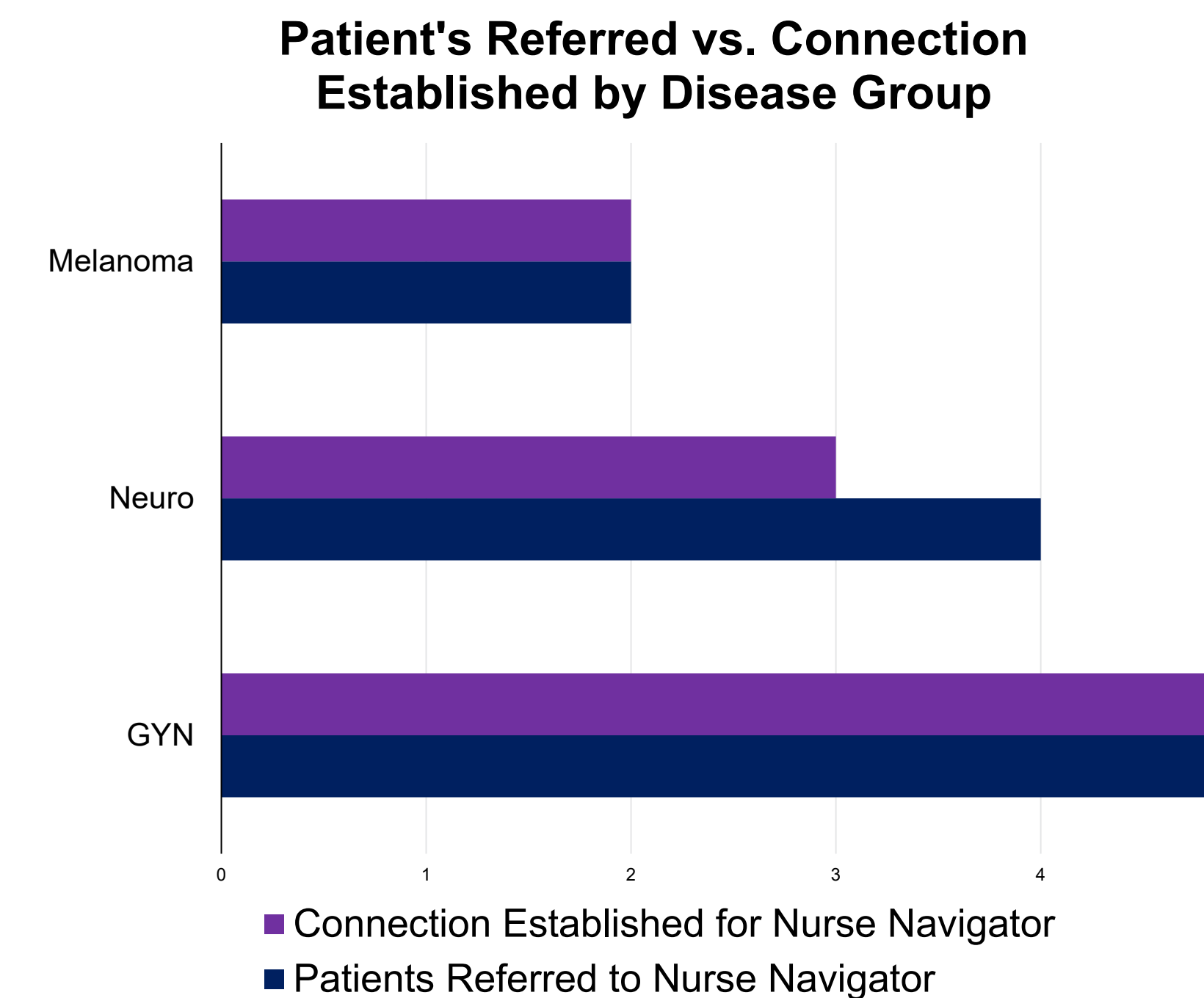
## Goals:



## Outcomes:

Since the implementation in August 2025:

- 91% (n=11) of individual referral connections were established.
- Many of the referrals had multiple concerns per patient and 80% (n=20) of the specific concerns were resolved for clinical trial patients.
- Of the 11 patients referred, 45% (n=5) were GYN, 36% (n=4) were Neuro, and 18% (n=2) were Melanoma.
- Additionally, all open clinical trial schemas were reformatted to split them by DMG to make it easier for ONN's to navigate when assessing new patients for clinical trials they may potentially be eligible for.



## Solutions and Methods:

Established a relationship between CTO and ONNs. Decided on scope in which the two departments would work together. CTO will send ONNs patients in need of support and ONNs will send patients interested in a clinical trial to the CTO.

Training was done in each DMG with respective assigned ONN. Contact information and scope of support available shared at these meetings. ONNs were familiarized with CTO clinical trial schemas for pre-screening referrals.

Teams were trained to include our CRA for tracking of data purposes. CRA tracked referrals and outcomes of referrals.

All referrals and emails from program were reviewed. Data was analyzed for overall results of success of program.

## Future Directions:

Maximize efforts in additional disease management groups, as only three have utilized it so far.

Continue to evaluate ONN referrals to clinical trials, since we have seen relatively few to date.

Evaluate compliance with trial visits/assessments, and retention on trial in the future.

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